



Heyshift | 4-On 4-Off Shift Schedule Template

Shift scheduling built for USA teams.

Week of: _____ Facility / Site: _____ Schedule Manager: _____ Cycle Block: Work Days 1-4 / Off Days 5-8

<https://heyshift.io/templates/4-on-4-off-shift-schedule-template>

Employee	Team	Pattern	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Hours	OT	Notes
Sarah Chen	Team A	4-On 4-Off	Day	Day	Day	Day	Off	Off	Off	48	0	Day · Work Days 1-4 · M. Tor...
John Martinez	Team B	4-On 4-Off	Off	Off	Off	Off	Day	Day	Day	36	0	Day · Work Days 1-4 · P. Dia...
Maria Lopez	Team C	4-On 4-Off	Night	Night	Night	Night	Off	Off	Off	48	0	Night · Work Days 1-4 · K. W...
James Wilson	Team D	4-On 4-Off	Off	Off	Off	Off	Night	Night	Night	36	0	Night · Off Days 5-8 · R. Ki...
Aisha Patel	Team A	4-On 4-Off	Day	Day	Day	Day	Off	Off	Off	48	0	Day · Work Days 1-4 · L. Ngu...
Carlos Mendez	Team B	4-On 4-Off	Off	Off	Off	Off	Day	Day	Day	36	0	Day · Work Days 1-4 · T. Bro...